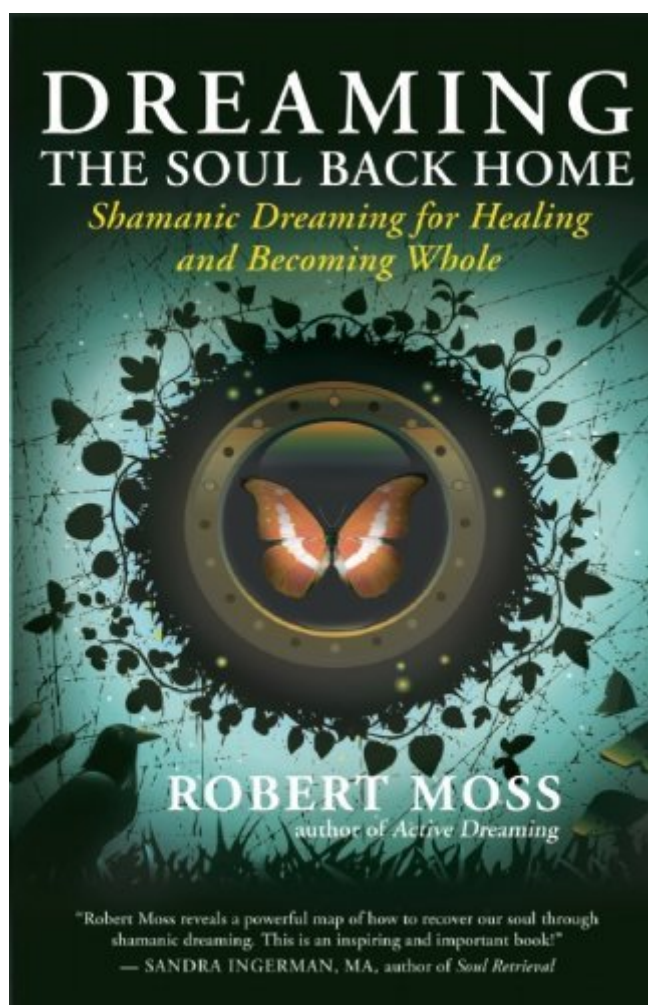


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Dreaming The Soul Back Home: Shamanic Dreaming For Healing And Becoming Whole



Synopsis

In this extraordinary book, shamanic dream teacher Robert Moss shows us how to become shamans of our own souls and healers of our own lives. The greatest contribution of the ancient shamans to modern healing is the understanding that in the course of any life we are liable to suffer soul loss — the loss of parts of our vital energy and identity — and that in order to be whole and well, we must find the means of soul recovery. Moss teaches us that our dreams give us maps we can use to travel to the places where we can find and bring home our lost or stolen soul parts. He shows us how to recover our animal spirits and ride the windhorse of spirit to places of healing and adventure in the larger reality. We discover how we can heal ancestral wounds and open the way for cultural soul recovery. You will learn how to enter past lives, future lives, and the life experiences of parallel selves and how to bring back lessons and gifts. — It's not just about keeping soul in the body, — Moss writes. — It's about growing soul, becoming more than we ever were before, embodying more of the Greater Self. — With fierce joy, he incites us to take the creator's leap and bring something new into our world.

Book Information

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Customer Reviews

Book Title: Dreaming The Soul Back Home Author: Robert Moss ISBN: 1608680584 Genre: Self help psychology ISBN: 1608680584 Pages: 304 Dreaming The Soul Back Home is a fabulous book. The premise of the book is when one suffers trauma or a bad experience you suffer from soul loss or loss of vital essence. By modern shamanic methods and Robert's own stories we can learn to recover our own missing parts and become our own whole. Shamans from aborigines of Australia, Asclepius God of healing in Greece and of course the Native Americans of American past were the first psychotherapists. After experiencing three near death experiences, in his young years Robert had many out of body experiences that led to a greater reality, consciousness and a greater soul. This became his life's work. Robert writes from his own stories, experiences and believes only yourself can interpret your own dreams. The work is experiential. I recommend his workshop and books to all dreamers to experience these methods. All of your questions will be answered. Through practical exercises Robert takes us to the Shaman's tree gates to the upper, middle and lower worlds. To recovering our animal guides, ancestral guides to give us directions in our lives, making good choices in life. Inspirational. I love his books and always learn something.

Having read and studied in the area of spiritual/metaphysical practices for over 4 decades, I can say without hesitation that Moss is the best when it comes to working with dreams. Forget about all the Freudian and other books of dream symbols, all the channeled silliness, and so on. Moss is the real thing - that rare individual who has not only experienced these things for himself, but has also studied with shamanic dreamers from many traditions and can teach that information to others in an accessible and useful manner. This is yet another great book from Moss, and I highly recommend all his books and DVDs. If you want to reach your spiritual potential, then you must work with your dreams. If you want to work with your dreams, Moss is the best. Highly recommended.

Dear Robert. I love your book. You open the shamanic world for those who want to know, in a very clear and personal way. I appreciated the many exercises and meditations you suggest and love the stories of the shamans you met on your adventurous road. Ralph Wilms, Transpersonal Coach, Switzerland

Robert Moss' new book is a timely gift to all soul seekers everywhere. It's a map for dreaming our own souls back home and for healing our relationships, our communities, our culture and our planet. In this valuable book, Robert generously and openly shares story after story of people around the world healing with shared shamanic dream re-entries in his Active Dreaming circles. Genuine soul transformations are evident in each story, leaving no doubt that what he's telling us happens, not just in one culture, but globally. Here's what I found in this book: A clear explanation of soul recovery through Active Dreaming Diverse and authentic examples of the process in action Deep scholarship presented in a jargon free, straightforward way Exercises and meditations anyone can use in solo or group dreaming adventures Inspiration, encouragement and enthusiasm to dream soul recovery on every level By combining his extensive studies and experiences in ancient shamanic and modern psychological traditions, Robert has created a science of soul for our time. His latest book is a laboratory for anyone who wants to explore dreaming as a path of soul recovery, a path to living with renewed joy and vitality.

All of his books are wonderfully written and have lots of useful information, but I would have wanted more original dream material from his experience, and less about what others have said or written on the subject of shamanism, especially as I'd read some of those other's materials. He is a talented teacher and dreamer with unique clairvoyance skills. A shorter book focused on his own work would have been my preference.

A powerful and playful approach to soul recovery. I found myself easily slipping into the exercises and stories and returning to deep dreaming on my own as well. Plus as a Trance-Formational Guide, I'm already noticing a shift in my approach in my practice and people are benefiting.

Very interesting!

Robert Moss is a master story teller and writer whose books always capture the spirit of their topic with enthusiasm. Woven into each chapter is a meaningful presentation that includes dream adventures from Robert and his fellow dreamers. He also offers the reader practical guidance on how to deepen his or her dreaming experience. I highly recommend Robert's books and if you can, take one of his weekend or weeklong workshops.

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